

Role of Liv.52 in the Treatment of Pityriasis Alba

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Pityriasis alba is a very common skin affection in children. The characteristic lesions are clinically recognised as small well-defined rounded areas of slight hypopigmentation. The lesions are usually located on the face and particularly over the malar region. They are mostly asymptomatic. The exact cause is not known. Some attribute it to low-grade Streptococcal infection.

MATERIAL AND METODS

Ten cases of Pityriasis alba were studied. The affected children were between six and twelve years. Some of them showed signs of being under-nourished. A few of them had the manifestations that follow antibiotic therapy. Others had intestinal, protozoal and helminthic infestations. All the ten cases were put on Liv.52 tablets in the dosage of one tablet thrice daily.

After six weeks' medication, the lesions started clearing up. However, treatment with Liv.52 tablets was continued in the same dosage. After three months, the lesions cleared up completely, leaving a normal healthy skin. No untoward side effects were observed in these patients. Moreover, their appetite increased a nutritional status improved.

In some of these patients, concomitant parasitic infestations were treated with conventional therapy. No local application was used in these cases.

OBSERVATIONS

All the ten cases of Pityriasis alba treated with Liv.52 tablets showed good response and the lesions cleared completely in 3 months.

CONCLUSION

Further clinical trials of Liv.52 tablets in the treatment of Pityriasis alba would be rewarding.